Does Your Community Have an Opioid Problem?

How is your community affected by the opioid crisis, and what can you do? Reference this guide to identify the scope of the problem and implement strategies to address the opioid crisis in your community.

Check Your Community and State Data

Find out how your community is impacted by the opioid crisis. Click on the sources of data available for your state below.

Arkansas: National Institute on Drug Abuse
Missouri Department of Health & Senior Services
Oklahoma State Department of Health
Texas Department of State Health Services

The following links provide Prescription Drug Monitoring Program (PDMP or PMP) information for your state/territory.

Arkansas PMP | Arkansas Login: AR PMP AWARE
St. Louis County PDMP (Note: If you’re not in St. Louis County but would like to join the PDMP, see the Subscribing Counties Section) | St. Louis Login: St. Louis County PDMP
Oklahoma PMP | Oklahoma Login: Oklahoma PMP AWARE
Puerto Rico Login: Puerto Rico PMP AWARE | Puerto Rico pharmacies can upload their prescriptions on the PMP Clearinghouse
Texas PMP | Texas Login: TEXAS PMP AWARE

Take Action

Use the following guidelines and tools to implement recommendations for prescribing opioids.

Guidelines for Prescribing Opioids for Chronic Pain
Noninvasive Treatment for Acute, Subacute, and Chronic Low Back Pain
Medications for Opioid Use Disorder
Calculating Total Daily Dose of Opioids for Safer Dosage
Pocket Guide: Tapering Opioids for Chronic Pain
Checklist for Prescribing Opioids for Chronic Pain
Prescription Drug Monitoring Programs (PDMPs) Fact Sheet

Resources for Patients

Medicines to Relieve Chronic Pain
The Prescription Opioid: Not Just a Pill
Opioid Safety and Naloxone: A Guide for Patients and Caregivers
Where and How to Dispose of Unused Medications

Substance Abuse and Mental Health Services Administration’s National Helpline: 1-800-662-HELP (4357); or go to SAMHSA’s website