Nursing Home Quality Improvement

Working to Improve the Quality of Care Delivery to Nursing Home Residents

An estimated 1.4 million Americans live in nursing homes on any given day and approximately 1 in 5, or 22 percent, suffers harm during their stay. Nearly 60 percent of these incidents are deemed preventable, leading to a national call for improved safety and quality of care for nursing home residents.¹

A Collaborative Approach

Working with the Centers for Medicare & Medicaid Services, the TMF Quality Innovation Network Quality Improvement Organization (QIN-QIO), led by TMF Health Quality Institute in Texas, in partnership with the Arkansas Foundation for Medical Care, Primaris in Missouri and the Quality Improvement Professional Research Organization, Inc. in Puerto Rico, is developing a strategy to guide local, state and national efforts in improving quality of care in nursing homes and skilled-nursing facilities.

As a collaborative effort, the TMF QIN-QIO is recruiting and partnering with long-term care communities and other providers throughout Arkansas, Missouri, Oklahoma, Puerto Rico and Texas to improve nursing home quality and performance by focusing on enhanced consumer engagement, strengthened survey processes and standards, the creation of strategic partnerships and the advancement of quality through innovation.

Goals

Communities and other providers participating in this initiative will work with our industry experts to achieve the following goals over a five-year period, ending in 2019:

- Achieve a score of six or better on the Nursing Home Quality Composite Measure Score
- Improve the mobility of long-stay residents
- Decrease unnecessary use of antipsychotic medications
- Decrease healthcare-associated infections (HAIs) and other healthcare-acquired conditions
- Decrease potentially avoidable hospitalizations

Communities can also participate in:

- Systems-level improvements
  - Staff stability
  - Consistent/permanent staff assignment
  - Team building
  - Finance
  - Leadership
- HAI reductions
  - Methicillin-resistant Staphylococcus aureus
  - Clostridium difficile

Key Strategies & Interventions

The TMF QIN-QIO will support participants of the Nursing Home Quality Improvement project by providing:

- Learning and Action Network activities – educational webinars and video series; newsletter and informational emails
- National Nursing Home Quality Care Collaborative I and II events – beginning years one and three (18 months each), respectively
- Focused, virtual affinity group collaboration
- Peer Mentoring Program
- Plan-Do-Study-Act (PDSA) cycles
- Quality Assurance & Performance Improvement (QAPI) principles, processes and resources
- Collaborative Change Package tools and processes

In joining the Nursing Home Quality Improvement project, participants will:

- Continue building on the previous QIO project work, the CMS Partnership for Dementia Care and the National Nursing Home Quality Care Collaborative’s current efforts.
- Submit a participation agreement signed by executive leadership (administrator, chief executive officer, chief operations officer or owner)
- Participate in educational collaborative sessions, teleconferences, affinity groups, webinars and website forums
- Form an interdisciplinary team to work with TMF on areas for improvement:
  - Develop interventions on topics specific to improving composite score
  - Develop interventions to decrease inappropriate usage of antipsychotic medications
  - Develop plans to improve resident mobility
  - Develop community-specific measures to reduce avoidable hospital admissions/readmissions
  - Initiate and update a QAPI Assessment Tool
- Develop and apply strategies for implementing QAPI and overall quality within the nursing home by working to:
  - Utilize a data-driven and proactive approach to quality improvement
  - Identify opportunities for improvement
  - Address gaps in systems through planned interventions and working through action plans to improve the overall quality of care
- Actively share best practices and lessons learned

Join the Nursing Home Quality Improvement Network

Online quality improvement tools, resources and information about upcoming educational events are available on the TMF QIN-QIO website. To join, go to http://www.tmfqin.org/ and locate Nursing Home Quality Improvement under the Networks tab.

Contact Us

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